



# TECHNICAL UNIVERSITY OF MOMBASA

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SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF HOSPITALITY & TOURISM

**UNIVERSITY EXAMINATION FOR:**

**DIPLOMA IN HOTEL AND INSTITUTIONAL MANAGEMENT**

**BHC2304: THERAPEUTIC NUTRITION**

**END OF SEMESTER EXAMINATION**

**SERIES: MAY 2016**

**TIME: 2 HOURS**

**DATE: Pick Date May 2016**

## Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FIVE** questions. Attempt Choose instruction.

**Do not write on the question paper.**

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## **SECTION A (Answer ALL the questions)**

**30 POINTS**

1. a) What is the nutritional status (2 mks)
- b) Explain the factors considered in the of planning diets (12 mks)
- c) Describe the roles of a dietician (8 mks)
- d) List down any five clinical signs of malnutrition (5mks)
- e) Give any three indicators of nutritional risk? (3mks)

## **Section B (Attempt any TWO questions in this section)**

2. a) Describe the expected outcomes of nutritional care (12 mks)
- b) Give the possible causes of anemia among the following:

**Pregnant mothers (4mks)**

**The aged (4mks)**

3. Discuss the various dietary assessment techniques ( 20 mks)
4. a) Outline the possible causes of peptic ulcers ( 10 mks)  
b) Describe the dietary guidelines for persons suffering from ulcers (10 mks)
5. a) Why do sick people need good meals and plenty to drink ( 4 mks)  
  
b) Why do people living with HIV/AIDS often become malnourished or more severely malnourished:( 10 mks)  
  
c) How is it possible to prevent weight loss during the early stages of HIV infection?  
( 6 mks)