



TECHNICAL UNIVERSITY OF MOMBASA

FACULTY OF APPLIED AND HEALTH SCIENCES
DEPARTMENT OF ENVIROMENT & HEALTH SCIENCES

**UNIVERSITY EXAMINATION FOR:
BACHELOR OF SCIENCE IN COMMUNITY HEALTH
BSCH 14S/YEAR 3/SEMESTER1**

ACM 4206: DRUG AND SUBSTANCE ABUSE

SPECIAL / SUPPLEMENTARY EXAMINATION

SERIES: SEPTEMBER 2017

TIME: 2 HOURS

Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FIVE** Question(s). Attempt question **ONE** (Compulsory) and any other **TWO** questions.

Do not write on the question paper. This paper consists of 2 printed pages.

Question ONE

- a) Explain five factors that contribute to the high HIV prevalence among drug users. **[5 marks]**
- b) Describe five challenges facing rehabilitated drug users. **[5 marks]**
- c) Explain 5 challenges that Rohypnol drug-facilitated sexual assault survivors face. **[5 marks]**
- d) Briefly describe the mode of action of heroin. **[5 marks]**
- e) Shisha smoking is a fast growing trend among most college going students. One session of Shisha is like smoking 100 or more cigarettes. With reference to this statement, explain
 - i. Five medical risks associated with shisha consumption. **[5 marks]**
 - ii. Five ways to prevent shisha use among college students **[5 marks]**

Question TWO

- a) Discuss five ways in which Tobacco Act No. 4 of 2007 regulates tobacco consumption in Kenya. **[10 marks]**
- b) Citing relevant examples discuss five factors that hinder the implementation of this Act. **[10 marks]**

Question THREE

Discuss the impact of alcohol use and abuse on families in Kenya. **[20 marks]**

Question FOUR

Needle syringe exchange programmes (SNEP) work on the philosophy of providing sterile and new needles and syringes in exchange of old, used and potentially infected ones.

- a) Citing relevant examples discuss why drug users share needles/syringes. **[10 marks]**
- b) Discuss factors that hinder SNEP implementation. **[10 marks]**

Question FIVE

The ban of Khat by many countries has generated many unintended consequences. Khat is Kenya's green gold. With reference to this statement

- a) Discuss some of the unintended consequences. **[14 marks]**
- b) Provide solution to individuals affected with the ban. **[6 marks]**