



# TECHNICAL UNIVERSITY OF MOMBASA

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SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

SOCIAL SCIENCES

UNIVERSITY EXAMINATION FOR:

CERTIFICATE IN COMMUNITY DEVELOPMENT AND COUNSELING

ACM 1103: COMMUNITY HEALTH

**SERIES: DECEMBER 2016**

**TIME: 2 HOURS**

**DATE: 13 Dec 2016**

## Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FIVE** questions. Attempt question ONE (Compulsory) and any other TWO questions.

**Do not write on the question paper.**

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## **Question one – COMPULSARY (30 MARKS)**

- a) Identify the components of a community health process (4mks)
- b) State what is meant by the term GATHER in family planning (6mks)
- c) Define the following terms
  - i. Disease pattern (2mks)
  - ii. Immunization (2mks)
  - iii. epidemic disease (2mks)
- d) list the components of primary prevention of diseases in a community targeting people (5mks)
- e) explain the types screening used in health promotion (6mks)
- f) explain what is meant by an empowered community (3mks)

## Question Two

Identify and discuss any five factors that determine the health of a community  
(20mks)

## Question Three

Briefly describe the following approaches used in health promotion

- i. community development approach (5mks)
- ii. working with group (5mks)
- iii. self empowerment (5mks)
- iv. environment approach (5mks)

## Question Four

Explain the various pillars of primary health care (20mks)

## Question Five

Outline the characteristics of a health empowered community (20mks)