

## TECHNICAL UNIVERSITY OF MOMBASA

# FACULTY OF APPLIED AND HEALTH SCIENCES DEPARTMENT OF ENVIRONENT & HEALTH SCIENCES

## **UNIVERSITY EXAMINATION FOR:**

## BACHELOR OF SCIENCE IN COMMUNITY HEALTH

BSCH 14S/YEAR 3/SEMESTER1 ACM 4206: DRUG AND SUBSTANCE ABUSE

## END OF SEMESTER EXAMINATION

**SERIES:**DECEMBER2016

TIME:2HOURS

**DATE:**Pick DateSelect Month 2016

### **Instructions to Candidates**

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FIVE**Question(s). Attemptquestion ONE (Compulsory) and any other TWO questions.

Do not write on the question paper.

#### **Question ONE**

- a) Explain five factors that contribute to the high HIV prevalence among drug users. [5 marks]
- b) Describe five challenges facing rehabilitated drug users. [5 marks]
- c) Explain 5 challenges that Rohypnol drug-facilitated sexual assault survivors face. [5 marks]
- d) Briefly describe the mode of action of heroin. [5 marks]
- e) Shisha smoking is a fast growing trend among most college going students. One session of Shisha is like smoking 100 or more cigarettes. With reference to this statement, explain
  - i. Five medical risks associated with shisha consumption. [5 marks]
  - ii. Five ways to prevent shisha use among college students [5 marks]

## **Question TWO**

- a) Discuss five ways in which Tobacco Act No. 4 of 2007 regulates tobacco consumption in Kenya. [10 marks]
- b) Citing relevant examples discuss five factors that hinder the implementation of this Act. [10 marks]

## **Question THREE**

Discuss the impact of alcohol use and abuse on families in Kenya. [20 marks]

## **Question four**

Needle syringe exchange programmes (SNEP) work on the philosophy of providing sterile and new needles and syringes in exchange of old, used and potentially infected ones.

- a) Citing relevant examples discuss why drug users share needles/syringes. [10 marks]
- b) Discuss factors that hinder SNEP implementation. [10 marks]

## **Question five**

The ban of Khat by many countries has generated many unintended consequences. Khat is Kenya's green gold. With reference to this statement

- a) Discuss some of the unintended consequences. [14 marks]
- b) Provide solution to individuals affected with the ban. [6 marks]