



---

**TECHNICAL UNIVERSITY OF MOMBASA**

---

FACULTY OF APPLIED AND HEALTH SCIENCES  
DEPARTMENT OF ENVIROMENT & HEALTH SCIENCES  
**UNIVERSITY EXAMINATION FOR:**  
**BACHELOR OF SCIENCE IN COMMUNITY HEALTH**  
**BSCH-15S/YEAR 2/ SEMESTER 2**

**ACM 4203: COMMUNITY HEALTH EDUCATION AND COMMUNICATION**  
**SPECIAL SUPPLEMENTARY EXAMINATION**  
**SERIES: SEPT. 2017**  
**TIME: 2 HOURS**

***Instructions to Candidates***

This paper consists of FIVE questions

Answer question ONE (COMPULSORY) and any other TWO questions

***This paper consists of two printed pages.***

***Mobile phones are NOT allowed in the examination room***

---

**Question one**

- a) Give the world Health organization definition of environmental health. **(4 marks)**
- b) List four environmental settings where exposure to toxics can occur **(4 marks)**
- c) Describe Health Promotion evaluations **(4 marks)**
- d) The Ottawa charter identifies three basis strategies for health promotion list them **(3 marks)**
- e) Explain the difference between individuals and community empowerment **(4 marks)**
- f) Differentiate between health promotion and disease prevention **(4 marks)**
- g) List the predisposing factors affecting human behaviors **(4 marks)**
- h) Describe the value of group education **(3 marks)**

## **Question two**

- a) "Interventions studies have shown that good social relations and providing social support can reduce the psychological response to stress and can improve patient recovery rates from several different conditions" Discuss the main direction for action and policy intervention. **(12 marks)**
- b) The Sundsvall conference identified four key public Health action strategies to promote the creation of supportive environments at community level disease. Discuss. **(8 marks)**

## **Question three**

With the help of a diagram explain the necessary background for understanding the specifications and difficulties of the health promotion evaluation logic model.

**(20 marks)**

## **Question Four**

- a) Discuss the Health prevention technology:- **(10 marks)**
- b) Discuss the difference between enabling means and mediating in Health promotion strategies. **(10 marks)**

## **Question five**

You are the health promoter in a village in Kenya. Explain how you will apply the communication stages in health education and health promotion. **(20 marks)**