



# TECHNICAL UNIVERSITY OF MOMBASA

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SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

SOCIAL SCIENCES

**UNIVERSITY EXAMINATION FOR:**

DCHHM Y1S2 DIPLOMA IN COMMUNITY HEALTH AND HIV

MANAGEMENT

BCD 2101: INTRODUCTION TO GUIDANCE AND COUNSELLING

**SERIES: APRIL 2016**

**TIME: 2 HOURS**

**DATE: 11 May 2016**

## Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FIVE** questions. Attempt question ONE (Compulsory) and any other **TWO** questions.

**Do not write on the question paper.**

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## **Question ONE**

- (a) Explain **THREE** differences between guidance and counseling (**6 marks**)
- (b) By giving examples give **TWO** importance of observing a client (**2 marks**)
- (c) Give **THREE** aims of HIV and AIDS counseling (**3 marks**)
- (d) Explain **FIVE** objectives of guidance and counseling (**5 marks**)
- (e) By giving relevant examples give **FOUR** importance of personal therapy (**4 marks**)

## **Question TWO**

- (a) By giving examples explain the counseling process (**10 marks**)
- (b) Discuss the benefits of group counseling (**10 marks**)

## **Question THREE**

(a) Discuss **FIVE** benefits of self-awareness to the counselor (**10 marks**)

(b) Explain **FIVE** main principles of counseling (**10 marks**)

#### **Question FOUR**

(a) Discuss the historical development of guidance and counseling in Kenya (**10 marks**)

(b) Give **FIVE** challenges of guidance and counseling in developing nations (**10 marks**)

#### **Question FIVE**

(a) Explain the role of a counselor as an agent of change in the community (**10 marks**)

(b) Give **FIVE** disadvantages of peer counseling (**10 marks**)