



# TECHNICAL UNIVERSITY OF MOMBASA

## SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

### SOCIAL SCIENCES

#### UNIVERSITY EXAMINATION FOR:

CCD Y1S2

BCD1103: INTRODUCTION TO COMMUNITY COUNSELING

**SERIES: APRIL 2016**

**TIME: 2 HOURS**

**DATE: 29 May 2016**

#### **Instructions to Candidates**

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FIVE** questions. question ONE (Compulsory) and any other TWO questions.

**Do not write on the question paper.**

#### **Question ONE**

- |  |         |
|--|---------|
| a) Define the term theory                                    | 1 mark  |
| b) List any TWO community counseling models                  | 1 mark  |
| c) Briefly explain the stages of counseling                  | 4 marks |
| d) Outline the basic assumptions of behavioral theories.     | 4 marks |
| e) List the contributions of client centered theory          | 4 marks |
| f) Explain any TWO ethical issues in community counseling.   | 4 marks |
| g) Explain the importance of theories in counseling          | 4 marks |
| h) List any FOUR skills of counseling                        | 4 marks |
| i) List any four defense mechanisms of psychoanalysis theory | 4 marks |

#### **Question TWO**

- |                    |         |
|--------------------|---------|
| a) Briefly explain |         |
| i. Self-esteem     | 4 marks |
| ii. Self-image     | 4 marks |

- b) John, a nine year old boy has been shouting and beating his younger siblings. Discuss the possible factors contributing to his behavior.

**Question THREE**

You have been having an issue that you would like to seek counseling services for. Discuss the qualities you would be looking for in the counselor that you would want to share your issue with. 15 marks

**Question FOUR**

- a) Discuss advantages of group counseling 9 marks  
b) Discuss confidentiality in group counseling 6 marks

**Question FIVE**

- a) Discuss the TWO types of abortions and their implications 9 marks  
b) Discuss the challenges of the present family set-up 6 marks