



# TECHNICAL UNIVERSITY OF MOMBASA

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SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCES

**UNIVERSITY EXAMINATION FOR:**  
**BACHELOR OF SCIENCE IN COMMUNITY HEALTH**

**BDS:4331 COUNSELLING IN PRACTICE**  
**END OF SEMESTER EXAMINATION**

**SERIES: APRIL 2016**

**TIME:2 HOURS**

**DATE:**Pick DateSelect MonthPick Year

## **Instructions to Candidates**

You should have the following for this examination

*-Answer Booklet, examination pass and student ID*

This paper consists of FIVE questions.

Attempt QUESTION ONE plus TWO other questions only.

**Do not write on the question paper.**

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### **Question ONE**

- a. Outline four ways how a counsellor can set up a conducive counselling environment (4mks)
- b. Explain four practices that can lead a university student to date rape (4mks)
- c. Explain four counselling skills and the desired outcomes useful in counselling a victim of domestic violence (4mks)
- d. Describe three ethical principles to observe when counseling a girl who has had an abortion (6mks)
- e. Explain three key issues discussed during premarital counseling (6mks)
- f. Describe three ways how a counselor can show unconditional positive regard when dealing with a commercial sex worker (6mks)

### **Question TWO**

- a. Explain four advantages of using group approach when counseling workers experiencing stress rather than individual counseling. (8mks)
- b. By use of specific examples, discuss the effects of divorce on children and explain the long term consequences. (12mks)

### **Question THREE**

- a. Discuss reasons why there are increased cases of marital infidelity among women in developing countries (10mks)
- b. Using suitable illustrations, describe the stages of grief according to E. Kubler-Ross. (10 mks)

### **Question FOUR**

- a. Explain how a counselor can help a person who is grieving. (10mks)
- b. Describe the cycle of domestic violence (10mks)

### **Question FIVE**

- a. By use of specific examples, discuss the dangers and risks faced by Orphans and Vulnerable Children. (10mks)
- b. Suggest five strategies that the county governments can put in place to address these issues (10mks)