



Technical University of Mombasa

Faculty of Applied and Health Sciences

DEPARTMENT OF ENVIRONMENT AND HEALTH SCIENCES

CERTIFICATE IN COMMUNITY HEALTH AND HIV MANAGEMENT
(CCH13M)

ACM1105: HEALTH EDUCATION

SEMESTER: EXAMINATIONS

SERIES: DECEMBER 2013

TIME: 2 HOURS

INSTRUCTIONS:

You should have the following for this paper

- *Answer booklet*

This paper consists of **FIVE** questions.

Answer Question **ONE (compulsory)** and any other **TWO** questions

This paper consists of 2 PRINTED pages

QUESTION ONE

- a) Define the following terms:
 - (i) Food hygiene (2 marks)
 - (ii) Health education (2 marks)
 - (iii) Problem solving (2 marks)
 - (iv) Perceptual learning (2 marks)
 - (v) Disinfection (2 marks)
- b) Briefly explain the **FIVE** elements of health education. (5 marks)
- c) Outline any **FIVE** ways food handlers should exercise personal hygiene. (5 marks)
- d) Briefly explain why it's important to involve the audience in any form of activity. (5 marks)
- e) Identify any **FIVE** ways of reducing the number of germs in water (5 marks)

QUESTION TWO

- a) Explain **FIVE** points to consider when choosing appropriate teaching methods (5marks)
- b) Discuss **FIVE** steps to follow when introducing Health education (10marks)

QUESTION THREE

- a) Explain **FIVE** characteristics of a learner (5 marks)
- b) As a Health Educator, discuss **FIVE** conditions necessary for achieving learning (10 marks)

QUESTION FOUR

- a) Explain any **THREE** ways of reducing programme costs. (3 marks)
- b) Discuss the scope of Health promotion (12 marks)

QUESTION FIVE

- a) Explain any **FIVE** approaches used in Health promotion. (5 marks)
- b) Discuss any **FIVE** teaching methods used to conduct health promotion (10 marks)