



# TECHNICAL UNIVERSITY OF MOMBASA

## SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

### SOCIAL SCIENCES

#### UNIVERSITY EXAMINATION FOR:

CDC Y1S2

BCD 1103 INTRODUCTION TO COMMUNITY COUNSELING

**SERIES: APRIL 2016**

**TIME: 2 HOURS**

**DATE: 12 May 2016**

#### **Instructions to Candidates**

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FIVE** questions. question ONE (Compulsory) and any other TWO questions.

**Do not write on the question paper.**

#### **Question ONE**

- |   |         |
|---|---------|
| a) Explain the importance of theories in counseling.                                | 5 marks |
| b) Distinguish between body image and self-image.                                   | 5 marks |
| c) Explain the difference between rehabilitation counseling and general counseling. | 6 marks |
| d) Define:  |         |
| i. Community counseling   | 2 marks |
| ii. Theory  | 2 marks |
| iii. Abortion   | 2 marks |
| iv. Self-esteem   | 2 marks |
| e) Name any TWO theories of counseling and the basics assumptions of each.          | 6 marks |

#### **Question TWO**

- |   |         |
|---|---------|
| a) Outline the factors that brought about community counseling. | 9 marks |
| b) Briefly explain the characteristics of a healthy family.     | 6 marks |

#### **Question THREE**

- a) Discuss the qualities and characteristics of a good counselor. 9 marks
- b) Briefly discuss the importance of any THREE ethical issues in counseling 6 marks

**Question FOUR**

Mama Maria and mama Kadzo have been arguing about sex education in schools and both have different views. As a community counselor explain how you would handle the situation. 15 marks

**Question FIVE**

Discuss the importance of group counseling. 15 marks