



TECHNICAL UNIVERSITY OF MOMBASA

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF HOSPITALITY & TOURISM

UNIVERSITY EXAMINATION FOR:

DIPLOMA IN HOTEL AND INSTITUTIONAL MANAGEMENT

BHC2304: THERAPEUTIC NUTRITION

END OF SEMESTER EXAMINATION

SERIES: MAY 2016

TIME: 2 HOURS

DATE: Pick Date May 2016

Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FIVE** questions. Attempt Choose instruction.

Do not write on the question paper.

SECTION A (Answer ALL the questions)

30 POINTS

Section A (Attempt all questions in this section)

1. a) Differentiate between the following: (6 mks)
- b) Explain the phases of nutritional care process (10 mks)
- c) What are the advantages of using the normal diet as a basis for therapeutic diets (3 mks)
- d) Describe the various forms of nutritional health (8 mks)
- e) State the three major functions of food nutrients in the body (3 mks)

Section B (Attempt any TWO questions in this section)

2. a) Describe the predisposing factors to obesity (12 mks)
- b) Describe the complications associated with obesity (8 mks)

3. a) Describe any **six** situations that may necessitate the use of special feeding methods (12mks)
b) Outline the advantages of tube feeding over parenteral feeding (8 mks)
4. a) Give the dietary guidelines in the management of gastric ulcers (10 mks)
b) Describe the symptoms associated with diabetes (10 mks)
- 5 Discuss the steps followed in nutrition counseling (20 mks)