



# Technical University of Mombasa

Faculty of Applied and Health Sciences

DEPARTMENT OF **ENVIRONMENT AND HEALTH SCIENCE**

DIPLOMA IN COMMUNITY HEALTH AND HIV MANAGEMENT

(DCHM 11M)

## **APH 2205: REPRODUCTIVE HEALTH**

**SPECIAL/SUPPLEMENTARY: EXAMINATIONS**

**SERIES:** February 2013

**TIME:** 2 HOURS

### **INSTRUCTIONS:**

You should have the following for this paper

- *Answer booklet*

This paper consists of **FIVE** questions.

Answer Question **ONE (compulsory)** and any other **TWO** questions

*This paper consists of 2 PRINTED pages*

### Question ONE

- a) Define family planning (2marks)
- b) Briefly explain the reason why counseling is a vital part of Reproductive Health. (3marks)
- c) What is a papanicolau smear (2marks)
- d) Briefly describe the menstrual cycle (5marks)
- e) Explain the billing ovulatory method (B.O.M) or cervical mucus method (5marks)
- f) State the categories of women who are not ideal candidates for the use of progestin only pill (POPs) (5marks)
- g) Briefly explain the mode of action of combined oral contraceptives (8marks)

### Question TWO

- a) Briefly discuss the medical benefits of family planning (7marks)
- b) Briefly discuss how you would use counseling to confirm that a female client is not pregnant. (6marks)
- c) State the non-contraceptive benefits of injectable contraceptive. (2marks)

### Question THREE

- a) Explain the objectives of doing a pelvic examination to client on reproductive health. (5marks)
- b) Briefly explain the changes that occur during the menstrual cycle (7marks)
- c) Explain at least three complications of voluntary surgical contraception (3marks)

### Question FOUR

- a) Briefly describe the instruments given to a client after an IUCD insertion (7marks)
- b) Explain at least FIVE non-contraceptive advantages of LAM (5marks)
- c) Discuss the limitations of injectable contraceptives (3marks)

### Question FIVE

- a) State the categories of women who are advised against the use of implants (5marks)
- b) Explain the three commonly used implants, their design and duration of effectiveness. (3marks)
- c) Describe some of the barriers to effective counseling (5marks)
- d) Briefly state at least FOUR clients rights in Reproductive health (2marks)