



Technical University of Mombasa

Faculty of Applied and Health Sciences

DEPARTMENT OF ENVIRONMENT AND HEALTH SCIENCES

CERTIFICATE IN COMMUNITY HEALTH AND HIV MANAGEMENT
(CCH 13J)

ACM 1102 : HEALTH EDUCATION

SPECIAL/SUPPLEMENTARY: EXAMINATIONS

SERIES: OCTOBER 2013

TIME: 2 HOURS

INSTRUCTIONS:

You should have the following for this paper

- *Answer booklet*

This paper consists of **FIVE** questions.

Answer Question **ONE (compulsory)** and any other **TWO** questions

This paper consists of 2 PRINTED pages

Question ONE

- (a) Define the following terms:
 - (i) Learning (2marks)
 - (ii) Health promotion (2marks)
 - (iii) Food Hygiene (2marks)
 - (iv) Perceptual learning (2marks)
 - (v) Flash cards (2marks)
- (b) Briefly explain any FIVE points to consider when choosing an appropriate teaching method. (5marks)
- (c) Outline any FIVE ways of sterilizing water. (5marks)
- (d) Briefly explain any FIVE ways rain water can be made safer for use. (5marks)
- (e) List any FIVE characteristics of the learner. (5marks)

Question TWO

- a) Explain FIVE conditions necessary for achieving required learning. (5marks)
- b) Discuss FIVE steps to take when carrying out health education. (10marks)

Question THREE

- a) Explain THREE types of screening. (3marks)
- b) Briefly explain the health promotion approaches used to promote good health (12marks)

Question FOUR

- a) Explain any THREE ways of reducing programme costs. (3marks)
- b) Discuss the SIX stages in health communication (12marks)

Question FIVE

- a) Explain any FIVE characteristics of the teacher (5marks)
- b) Outline any FIVE reasons why the audiences need be involved in any activity. (5marks)
- c) Discuss any FIVE ways food handlers should exercise personal hygiene (5marks)