



THE MOMBASA POLYTECHNIC UNIVERSITY COLLEGE
FACULTY OF BUSINESS AND SOCIAL STUDIES

DEPARTMENT OF LIBERAL STUDIES AND COMMUNITY DEVELOPMENT

CERTIFICATE IN COMMUNITY DEVELOPMENT AND COUNSELING
(CCDC J010) III

END OF SEMESTER EXAMINATIONS

APRIL/MAY 2010 SERIES

INTRODUCTION TO COMMUNITY COUNSELLING

TIME: 2 HOURS

Instructions to Candidates

1. This paper has **TWO** Sections **A** and **B**.
2. Section **A** is **COMPULSORY**. Answer **ALL** Questions.
3. Attempt ANY **TWO** Questions from Section **B**.
4. Strictly observe **ALL** Examination Rules.

SECTION ONE
COMPULSORY (30 Marks)

QUESTION ONE

- (a) (i) Explain the following terms as used in counseling:
- a) Ethics
 - b) Family
 - c) Society
 - d) Theory
- (4 Marks)**
- (ii) Give **SIX (6)** roles of a community counselor. **(6 Marks)**
- (b) Discuss the following qualities of a good community counselor.
- (i) Emotionally mature
 - (ii) Likes people
 - (iii) Confidential
 - (iv) Flexible but firm
 - (v) A good listener.
- (10 marks)**
- (c) In counseling setting and environment, there are items and qualities that a counseling office should possess. Discuss **TEN (10)** of such qualities and items. **(10 Marks)**

SECTION B (40 Marks)

Answer any **TWO** Questions from this Section.)

QUESTION TWO

- (a) Explain **THREE (3)** advantages of group counseling. **(12 Marks)**
- (b) Explain **TWO (2)** reasons why group counseling is useful and appropriate for adolescents. **(8 Marks)**

QUESTION THREE

Discuss **TEN (10)** reasons why counseling is important in the community. **(20 Marks)**

QUESTION FOUR

- (a) Explain **FIVE (5)** causes of early pregnancies. **(10 Marks)**
- (b) Give **FIVE (5)** effects of early pregnancies. **(10 Marks)**

QUESTION FIVE

- (a) Summarize person/client centered Theory of Counselling according to Carl Rogers. **(10 Marks)**
- (b) Explain **TWO** conditions necessary for effective counseling in Carl Rogers Theory. **(10 Marks)**