



# Technical University of Mombasa

*Faculty of Applied and Health Sciences*

DEPARTMENT OF **ENVIRONMENT AND HEALTH SCIENCE**

DIPLOMA IN COMMUNITY HEALTH AND HIV MANAGEMENT  
(DCH 10S)

## **ANH 2103: INTRODUCTION TO COMMUNITY NUTRITION AND HEALTH**

**SPECIAL/SUPPLEMENTARY: EXAMINATIONS**

**SERIES:** February 2013

**TIME:** 2 HOURS

### **INSTRUCTIONS:**

You should have the following for this paper

- Answer booklet

This paper consists of **FIVE** questions.

Answer Question **ONE (compulsory)** and any other **TWO** questions

*This paper consists of 2 PRINTED pages*

**Question ONE**

- a) Highlight FOUR major Nutritional Health Problems in Developing countries **(8marks)**
- b) Briefly describe the following interventions
  - (i) Special feeding programmes **(4marks)**
  - (ii) Fortification **(4marks)**
- c) Briefly explain the importance of community involvement in implementation of interventions.  
**(4marks)**
- d) Brief describe TWO ways of determining community nutritional status. **(6marks)**
- e) Briefly explain the importance of carrying out community diagnosis. **(4marks)**

**Question TWO**

Discuss the principles of Health education **(15marks)**

**Question THREE**

- a) Discuss the different approaches employed to increase food production and availability  
**(9marks)**
- b) Discuss any THREE services of maternal Health Care **(6marks)**

**Question FOUR**

- a) Highlight THREE types of fortified blended foods **(6marks)**
- b) Describe THREE environmental interventions aimed at promoting Health. **(7marks)**

**Question FIVE**

- a) Outline the aims of Nutrition education **(6marks)**
- b) Discuss different methods of communicating Nutrition Education information. **(9marks)**