



THE MOMBASA POLYTECHNIC UNIVERSITY COLLEGE

FACULTY OF BUSINESS AND SOCIAL STUDIES

DEPARTMENT OF LIBERAL STUDIES AND COMMUNITY DEVELOPMENT

CERTIFICATE IN COMMUNITY DEVELOPMENT AND COUNSELING

(CCDC A09)

SUPPLEMENTARY/SPECIAL EXAMS

APRIL/MAY 2010 SERIES

CCD 122: COMMUNITY ISSUES IN COUNSELLING

TIME: 2 HOURS

Instructions

1. This paper consists of **TWO** Sections **A** and **B**.
 - ✓ Answer **ALL** Questions in **SECTION A**.
 - ✓ Answer **TWO** Questions only in **SECTION B**.
2. All your answers must be written on the answer booklets provided.
3. Follow the Examination Rules.

SECTION A

(Answer **ALL** questions.)

QUESTION ONE

- (a) Define the following terms as used in Community Counselling.
- (i) Confidentiality
 - (ii) "Empty Chair"
 - (iii) Rehabilitation
 - (iv) VCT
- (8 marks)**
- (b) Give **TWO** advantages of Group Counselling as opposed to individual counseling. **(2 Marks)**
- (c) As a community counselor, give **THREE** ways you can offer psychosocial support to people living with AIDs (PLWA). **(6 Marks)**
- (d) Outline **TWO** ways how a mother can transmit HIV Virus to her child. **(2 Marks)**
- (e) Give **TWO** advantages and **ONE** disadvantage of recording counseling proceedings. **(6 Marks)**
- (f) Outline **FOUR** ways by which a counselor can provide a conducive counseling environment. **(4 Marks)**
- (g) Give the **FOUR** stages of group formation/development. **(2 Marks)**

SECTION B

(Answer ANY **TWO** questions from this Section.)

QUESTION TWO

- (a) Giving relevant examples, explain how the following types of Guidance and counseling services are carried out:
- (i) Secondary Intervention
 - (ii) Rehabilitative Approach
- (10 Marks)**
- (b) Explain **FIVE** strategies that the government is undertaking to prevent the spread of HIV infection in Kenya. **(10 Marks)**

QUESTION THREE

- (a) Explain the **THREE** stages of the counseling process. **(10 Marks)**
- (b) Counselling services in schools have been strengthened as a result of undesirable behavior that has infiltrated the schools in recent times. Give and explain **FIVE** such behaviors and trace their origins in the social environment. **(10 Marks)**

QUESTION FOUR

- (a) In group counseling, it is important to plan in advance before forming the group.
- (i) Explain **THREE** factors you may put into consideration in your planning. **(6 Marks)**
 - (ii) Give **FIVE** major tasks of a group leader during the initial stage of a group. **(10 Marks)**
- (b) Explain the reasons why it is important to plan for termination at the beginning of counseling. **(4 Marks)**

QUESTION FIVE

- (a) Briefly explain **FIVE** reasons why counselors may fail to respond to those who need counseling services. **(10 Marks)**
- (b) Describe **FIVE** qualities of an effective counselor. **(10 marks)**