



# Technical University of Mombasa

*Faculty of Applied and Health Sciences*

**DEPARTMENT OF ENVIRONMENT AND HEALTH SCIENCES**

CERTIFICATE IN COMMUNITY HEALTH AND HIV MANAGEMENT  
(CCH 13J)

## **ACM 1106 : INTRODUCTION TO HOME BASED CARE & COUNSELING**

**SPECIAL/SUPPLEMENTARY: EXAMINATIONS**

**SERIES: OCTOBER 2013**

**TIME: 2 HOURS**

### **INSTRUCTIONS:**

You should have the following for this paper

- *Answer booklet*

This paper consists of **FIVE** questions.

Answer Question **ONE (compulsory)** and any other **TWO** questions

**Question ONE**

- a) Highlight FOUR aims of counseling (4marks)
- b) Briefly explain the rationale for home based care (4marks)
- c) State FOUR basic assumptions of psychoanalytic theory (4marks)
- d) Briefly explain FOUR elements of Home Base Care (4marks)
- e) Highlight the importance of networking in home based care (4marks)
- f) Describe FOUR challenges in resource mobilization (4marks)
- g) Describe the advantages of Home Based Care (4marks)
- h) Highlight TWO counseling skills (2marks)

**Question TWO**

- a) Describe FIVE defence mechanisms (10marks)
- b) Highlight FIVE ethical principles in counseling (5marks)

**Question THREE**

- a) Briefly explain how referral challenges can be resolved in home based care (8marks)
- b) Highlight the limitations in referral and networking (7marks)

**Question FOUR**

- a) Contrast between putative and terminal care (4marks)
- b) Write short notes on each of the following
  - (i) Paraphrasing (2marks)
  - (ii) Summarizing (2marks)
  - (iii) Minimal prompts (1mark)
- c) Briefly describe the ego's model of counseling (6marks)

**Question FIVE**

- a) Briefly describe common presenting problems that require nursing care in the community (5marks)
- b) Highlight THREE core values in home based care (3marks)
- c) Highlight three merits of social support (3marks)
- d) Highlight FOUR social needs of PLWHA'S (4marks)