



TECHNICAL UNIVERSITY OF MOMBASA
Faculty of Applied & Health Sciences

DEPARTMENT OF ENVIRONMENT AND HEALTH SCIENCES

DIPLOMA IN NUTRITION HEALTH

(DNH 12S)

ANH 2205: THERAPEUTIC NUTRITION

SPECIAL/SUPPLEMENTARY EXAMINATIONS

SERIES: FEBRUARY 2015

TIME: 2 HOURS

INSTRUCTIONS:

- This paper consists of **FIVE** questions.
- Answer question **ONE (Compulsory)** and any other **TWO** questions.

This paper consists of Two printed pages.

QUESTION 1 (Compulsory)

- a) Explain the importance of giving therapeutic diets. **(4 marks)**
- b) Highlight **FOUR** dietary reference intake standards. **(4 marks)**
- c) Explain nutrition management for dysphagia. **(4 marks)**
- d) List **FOUR** factors considered before administering enteral feeding formulas. **(4 marks)**
- e) Highlight **FOUR** cases where parenteral feeding is indicated. **(4 marks)**
- f) State **THREE** aims of nutrition therapy for diabetes mellitus. **(3 marks)**
- g) Explain **THREE** ways of reducing daily energy intake in calorie controlled diets. **(3 marks)**
- h) Outline **FOUR** condition where sodium restricted diets is indicated. **(4 marks)**

QUESTION 2

Discuss enteral and parenteral nutrition support. **(15 marks)**

QUESTION 3

Discuss **FIVE** kinds of texture modified diets. **(15 marks)**

QUESTION 4

Discuss the domains and nutritional diagonistics. **(15 marks)**

QUESTION 5

- a) Explain the importance of weight loss in overweight and obese individuals. **(6 marks)**
- b) Explain requirements for successful weight control program. **(9 marks)**