



Technical University of Mombasa

Faculty of Applied and Health Sciences

DEPARTMENT OF ENVIRONMENT AND HEALTH SCIENCES

DIPLOMA IN COMMUNITY HEALTH AND HIV MANAGEMENT
(DCH 11M)

ACM 2305 : DRUG AND SUBSTANCE ABUSE

SPECIAL /SUPPLEMENTARY: EXAMINATIONS

SERIES: OCTOBER 2013

TIME: 2 HOURS

INSTRUCTIONS:

You should have the following for this paper

- *Answer booklet*

This paper consists of **FIVE** questions.

Answer Question **ONE (compulsory)** and any other **TWO** questions

This paper consists of 3 PRINTED pages

Question ONE

- a) Define a drug (1mark)
- b) Briefly explain drug abuse (3marks)
- c) Briefly explain the most abused drugs in Kenya (3marks)
- d) Define alcoholism. (2marks)
- e) Explain the system of diagnosis of alcoholism referred to as the CAGE questionnaire. (4marks)
- f) (i) Briefly explain what narcotics are (2marks)
(ii) Give an example of narcotics (1mark)
(iii) Explain TWO symptoms of abuse associated with narcotics. (2marks)
(iv) Name FOUR methods through which drugs are administered. (2marks)
- g) (i) Define relapse (1mark)
(ii) List TWO relapse red flags. (2marks)
- h) Explain the following :
(i) Tolerance (2marks)
(ii) Withdrawal (2marks)
- i) State FOUR symptoms of an IDU (4marks)

Question TWO

Discuss the relationship between drug abuse and sexually transmitted infections. (15marks)

Question THREE

- (i) Discuss Addiction treatment (3marks)
- (ii) Explain 12-steps of alcoholics Anonymous (12marks)

Question FOUR

Explain relapse prevention (15marks)

Question FIVE

- (i) Define rehabilitation (2marks)
- (ii) Explain the process of rehabilitation (13marks)