



# Technical University of Mombasa

*Faculty of Applied and Health Sciences*

**DEPARTMENT OF ENVIRONMENT AND HEALTH SCIENCES**

DIPLOMA IN COMMUNITY HEALTH AND HIV MANAGEMENT  
(DCH 011M)

**ACM 2301 : HOME BASED CARE**

**SPECIAL /SUPPLEMENTARY: EXAMINATIONS**

**SERIES: OCTOBER 2013**

**TIME: 2 HOURS**

## **INSTRUCTIONS:**

You should have the following for this paper

- *Answer booklet*

This paper consists of **FIVE** questions.

Answer Question **ONE (compulsory)** and any other **TWO** questions

*This paper consists of 3 PRINTED pages*

### **Question ONE**

- a) Briefly explain actions that can be a solution to the Health care worker or caregivers in reducing uncaring attitudes or behaviours when attending to the patient on Home Based Care **(4marks)**
- b) Identify behaviours that may portray uncaring attitudes or behavior of a caregiver towards the patient in Home-Based-Care (at least 4) **(2marks)**
- c) Outline the danger signs of illness that the caregivers should be on the look out for when offering Home-Based Care. **(5marks)**
- d) Highlight some general jobs or task of the community Health worker (CHW) in Home Based Care **(5marks)**
- e) Explain the important conditions that should exist between a trainer and a learner **(5marks)**
- f) Outline some of the common ailment or conditions often seen in Home Based Care (at least 10) **(5marks)**
- g) State some activities of substances that the patient should be advised to avoid as they may suppress their immunity more or cause more complications to their conditions. (4marks)

### **Question TWO**

- a) Briefly explain the FOUR main components of Home Based Care **(8marks)**
- b) Briefly discuss how you would advice patients to live positively **(7marks)**

### **Question THREE**

- a) Outline ways of preventing infection and cross infections in Home Based Care. **(7marks)**
- b) Highlight the qualities that the community Health worker should possess **(8marks)**

### **Question FOUR**

- a) Briefly explain the activities carried out by community Health workers on Home Based Care **(10marks)**
- b) Discuss the importance of good nutrition for persons living with HIV/AIDs (PLWHAS) **(5marks)**

### **Question FIVE**

a) Identify means or ways of Assessing learning needs of Home-Based Caregiver or the patient.

**(8marks)**

b) Briefly explain some of the positive steps that the family of a patient cared for in Home Based Care help him /her **(7marks)**