



TECHNICAL UNIVERSITY OF MOMBASA

FACULTY OF HUMANITY AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCES

UNIVERSITY EXAMINATION FOR:

DIPLOMA IN COMMUNITY DEVELOPMENT AND

COUNCELING Y2S2

ANH 2330: APPLIED COMMUNITY NUTRITION

END OF SEMESTER EXAMINATION

SERIES: APRIL 2016

TIME: 2 HOURS

DATE:

Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of five questions.

Attempt question ONE and any other TWO questions.

Do not write on the question paper.

Question ONE

1. a) Explain what is meant by deficiency diseases **(5mks)**
- b) State the requirements of a sustainable nutrition programme of a community. **(5mks)**
- c) Outline the assistance you would give to people with diabetes as a nutrition health worker. **(5mks)**
- d) Explain how mid upper arm circumference measurement detects growth failure. **(6mks)**
- e) Explain how healthy social and family life is a contributing factor to good nutrition. **(5mks)**

f) Explain why traditional food habits should be encouraged in our community. **(4mks)**

Question TWO

Discuss iodine deficiency disorders (IDDs) **(20mks)**

Question THREE

Discuss practical solutions to nutritional problems in our society **(20mks)**

Question FOUR

Write short notes on protein as a major macronutrient **(20mks)**

Question FIVE

Outline the major underlying causes malnutrition in our society **(20mks)**