



Technical University of Mombasa

Faculty of Applied and Health Sciences

DEPARTMENT OF ENVIRONMENT AND HEALTH SCIENCES

DIPLOMA IN NUTRITION AND HEALTH
(DNH 11M)

APH 2208 : NUTRITION ANTHROPOLOGY

SUPPLEMENTARY/SPECIAL: EXAMINATIONS

SERIES: MARCH 2014

TIME: 2 HOURS

INSTRUCTIONS:

You should have the following for this paper

- *Answer booklet*

This paper consists of **FIVE** questions.

Answer Question **ONE (compulsory)** and any other **TWO** questions

This paper consists of 2 PRINTED pages

QUESTION ONE

- a) Briefly explain any five new practices that have helped food to move along food path.

(5

marks)

- b) Identify any five measures to be taken in orders to control food shortages. (5 marks)
c) Give any five types of information that can be found on a food label. (5 marks)
d) Briefly explain any five cultural parameters which affected the diets of the early people.

(5

marks)

- e) Identify any five types of data that can be collected in the following indicators for food and

Nutrition surveillance.

- (i) Food supplies (5 marks)

- (ii) Access to food (5 marks)

QUESTION TWO

- a) Explain three reasons why food production is important. (3 marks)
b) Discuss any four common blocks to food production. (12 marks)

QUESTION THREE

Discuss why women should receive more support and training to enable food to move along the food paths and for families to get what to eat. (15 marks)

QUESTION FOUR

- a) Explain how religion has influenced the diets of people. (5 marks)
b) Population control as important in addressing the problem of world hunger presently and in the future. Support your answers with five main points. (10 marks)

QUESTION FIVE

- a) Outline any five problems that come up as a results of feeding programmes and food aids

(5

marks)

- b) Discuss five factors affecting food security and nutritional status. (10 marks)