



# TECHNICAL UNIVERSITY OF MOMBASA

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SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

SOCIAL SCIENCES

UNIVERSITY EXAMINATION FOR 2015/2016

DCDC Y1S1

BCD 2101: INTRODUCTION TO GUIDANCE & COUNSELING

**SERIES: MAY 2016**

**TIME: 2 HOURS**

**DATE:**

**Instructions to Candidates**

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of FIVE questions. Attempt any TWO questions

**Do not write on the question paper.**

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**QUESTION ONE:**

- a) Explain any THREE goals of counseling (6 marks)
- b) Identify and explain any THREE principles of guidance and counseling (6 marks)
- c) Identify and explain THREE qualities of an effective counselor (6 marks)
- d) Explain how a counselor can create rapport (6 marks)
- e) Briefly explain any THREE skills in counseling (6 marks)

## **QUESTION TWO:**

- a. Briefly explain five contemporary issues that bring young people to counseling (10 marks)
- b. Kenya has not done well in the implementation of guidance and counseling, explain the problems facing planning and implementation of guidance and counseling programs in Kenya ( 10 marks)

## **QUESTION THREE**

- a) By giving relevant examples, explain the need of guidance and counseling in Africa (10 marks)
- b) \* Robert has just graduated from TUM and has been tasked to establish a community counseling unit in his station of work, explain the challenges he may face as a beginning counselor ( 10 marks)

## **QUESTION FOUR**

- a) Explain how a counselor can create rapport (10 marks)
- b) Briefly explain any FIVE skills in counseling (10 marks)

## **QUESTION FIVE**

Discuss the problems facing planning and implementation of guidance and counseling programs in Kenya ( 20 marks)