



# TECHNICAL UNIVERSITY OF MOMBASA

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## SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

### SOCIAL SCIENCES

#### UNIVERSITY EXAMINATION FOR: 2015/2016

#### DCDC Y1S1

#### BCD 2101: INTRODUCTION TO GUIDANCE & COUNSELING

#### SERIES: MAY 2016

#### TIME: 2 HOURS

#### DATE:

#### Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of FIVE questions. Attempt any TWO questions

**Do not write on the question paper.**

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#### QUESTION ONE:

- a) Identify Steps one would take when establishing comprehensive guidance and counseling program (6 marks)
- b) Explain the basic mind processes according to Sigmund Freud (6 marks)
- c) Explain any FIVE characteristics of an effective Counselor (10 marks)
- d) Explain the legal and ethical considerations in group counseling (8mks)

#### **QUESTION TWO**

Discuss the importance of a counselor being aware of the ethical and legal issues in counseling (20 mks)

#### **QUESTION THREE**

- a) Discuss the following strategies of guidance and counseling in African traditional setting (10 marks)
- b) Explain the counseling techniques in Psychoanalytic theory (10 marks)

#### **QUESTION FOUR**

- a) Explain how a counselor can create rapport (10 marks)
- b) Briefly explain any FIVE skills in counseling (10 marks)

#### **QUESTION FIVE**

Discuss the problems facing planning and implementation of guidance and counseling programs in Kenya ( 20 marks)