

# **Technical University of Mombasa**

Faculty of Applied and Health Sciences

DEPARTMENT OF ENVIRONMENT AND HEALTH SCIENCES

CERTIFICATE IN COMMUNITY HEALTH AND HIV MANAGEMENT (CCH 13M)

**APH 1104: INFECTION PREVENTION & FIRST AID** 

**SUPPLEMENTARY/SPECIAL: EXAMINATIONS** 

**SERIES: MARCH 2014** 

TIME: 2 HOURS

### **INSTRUCTIONS:**

You should have the following for this paper

- Answer booklet
This paper consists of *FIVE* questions.
Answer Question **ONE** (**compulsory**) and any other **TWO** questions
This paper consists of 3 *PRINTED* pages

#### **QUESTION ONE**

a)	Define the following terms		
	(i)	Decontamination	(1 mark)
	(ii)	Sterilization	(1 mark)
	(iii)	First AID	(1 mark)
	(iv)	Epilepsy	(1 mark)
	<b>(v)</b>	Micro-organisms	(1 mark)
b)	) With a diagram illustrate the disease transmission cycle		(3 marks)
c)	State three aims of first Aid		(3 marks)
d)	Outline three types of poison		(3 marks)
e)	Briefly explain four ways of practicing aseptic technique		(4 marks)
f)	Identify four causes of unconsciousness		(4 marks)
g)	State the four modes of infection transmission in the community.		(4 marks)
h)	1) Identify four importance of proper waste disposal.		(4 marks)

### **QUESTION TWO**

- a) Explain how you can examine an unconscious casualty. (5 marks)
- b) Distinguish the five stages or phases of epilepsy seizure and explain how you can give first aid at each stage.

## **QUESTION THREE**

- a) With good diagrams show the four classifications of fractures. (8 marks)
- b) Explain how you can give first Aid to a casualty who has sustained leg injury from a fall.

**(7** 

marks)

#### **OUESTION FOUR**

I ensuring infection prevention. A community health worker working in a voluntary counseling a testing clinic has pricked herself with a used needle.

a) Identify the five standard precautions of infection prevention.
b) Describe appropriate times for staffs in that clinic to wash their hands
c) Explain what you should do to avoid injuries during sharps disposal
(5 marks)
(5 marks)

### **QUESTION FIVE**

a) State six qualities of a first Aider. (6 marks)

b) Explain the general rules of first Aid Treatment.

(9 marks)