



# Technical University of Mombasa

*Faculty of Applied and Health Sciences*

**DEPARTMENT OF ENVIRONMENT AND HEALTH SCIENCES**

DIPLOMA IN COMMUNITY AND HEALTH

(DCH 13S )

**ACM 2101 : FOUNDATIONS OF COMMUNITY HEALTH**

**SUPPLEMENTARY/SPECIAL: EXAMINATIONS**

**SERIES: MARCH 2014**

**TIME: 2 HOURS**

**INSTRUCTIONS:**

You should have the following for this paper

- *Answer booklet*

This paper consists of **FIVE** questions.

Answer Question **ONE (compulsory)** and any other **TWO** questions

### QUESTION ONE

- a) Define the following terms
- (i) Community (1 mark)
  - (ii) Health (1 mark)
  - (iii) Culture (1 mark)
  - (iv) Maternal mortality rate (1 mark)
  - (v) Epidemiology (1 mark)
- b) State two advantages of community health approach in provision of Health Care (2 marks)
- c) List three groups of vulnerable population in the community (3 marks)
- d) State four predisposing factors to vulnerability. (4 marks)
- e) Establish four activities (packages) offered to the community by a community health worker. (4 marks)
- f) Identify four principles of community health according to Almata Declaration ( WHO, 1978) (4 marks)
- g) Outline four clues that can alert the service provider that there is a problem in the family during home visit. (4 marks)

### QUESTION TWO

- a) Identify five functions of a family (5 marks)
- b) Describe the guidelines a community health worker should follow when assessing family health (10 marks)

### QUESTION THREE

- a) Explain six functions of a community in the provision of community health (5 marks)
- b) Describe three levels of disease prevention stating two ways of disease prevention at each level (9 marks)

### QUESTION FOUR

- a) State four purposes of record keeping in a school health programme. (4 marks)

- b) Outline five reasons why conducting school health programme is important. **(6 marks)**

#### **QUESTION FIVE**

- a) Explain four components which help a community health worker to attain or to become culturally competent when providing care to people with diverse cultures. **(4 marks)**
- b) Explain four purposes of Health education during community health provision **(4 marks)**
- c) Describe how you can provide care to vulnerable population in a certain community. **(6 marks)**