



TECHNICAL UNIVERSITY OF MOMBASA
School of Humanities & Social sciences

DEPARTMENT OF HOSPITALITY & TOURISM

UNIVERSITY EXAMINATIONS FOR DEGREE IN
BACHELOR OF HOTEL & HOSPITALITY MANAGEMENT

BHH 4303: THERAPEUTIC NUTRITION

SPECIAL/SUPPLEMENTARY EXAMINATIONS

SERIES: JUNE/JULY 2015

TIME: 2 HOURS

INSTRUCTIONS:

- Answer question **ONE (Compulsory)** in Section A and any other **TWO** questions in Section B.

This paper consists of Two printed pages

SECTION A (Compulsory)

QUESTION 1

- a) Discuss the principles of planning therapeutic diets. **(20 marks)**
- b) Describe the conditions that may necessitate the use of special feeding methods. **(10 marks)**

SECTION B (Answer any TWO questions)

QUESTION 2

Discuss the uses of R.D.A's. **(20 marks)**

QUESTION 3

- a) Describe the various hospital diets' indicating their uses. **(12 marks)**
- b) Explain the factors that influence the bioavailability of nutrients. **(8 marks)**

QUESTION 4

- a) Give the side effects of cancer therapy and their suggested dietary management. **(10 marks)**
- b) Explain the various general systematic reactions associated with neoplastic disease. **(10 marks)**

QUESTION 5

Discuss the factors that influence compliance by nutritional care clients/counselees. **(20 marks)**