

TECHNICAL UNIVERSITY OF MOMBASA
FACULTY OF APPLIED AND HEALTH SCIENCES
DEPARTMENT OF ENVIRONMENT & HEALTH SCIENCES
UNIVERSITY EXAMINATION FOR THE DEGREE OF BACHELOR
OF SCIENCE IN COMMUNITY HEALTH
BSCH 14J/YEAR1/ SEMESTER2
APH 4402: MENTAL HEALTH DISORDERS

SEMESTER EXAMINATION

SERIES: APRIL/MAY 2016

TIME: 2 HOURS

Instructions to Candidates

This paper consists of FIVE questions

Answer question ONE (COMPULSORY) and any other TWO questions.

This paper consists of two printed pages.

SECTION A

1. a) Define mental health (2mks)
- b) Give and explain 3 components of mental disorders (3mks)
- c) Mental health is said to be relative to social, cultural and historical context in this regard, explain
- i. 3 factors that are necessary to promote good mental health (3mks)
- d) ; Identify some 4 major factors which contribute to mental disorders in the communities (4mks)
- e) Explain 2 phases of hysteria (2mks)
- f. Give and explain 4 activities for managing hysteria (4mks)
- g) Describe phobia as understood in psychiatry (2mks)
- h). Characteristic presentation of a mental disorder helps health provider to diagnose psychiatric conditions promptly. In the light of this statement,
- i. identify 4 characteristics of catatonic schizophrenia (4 mks)
- j. Describe management of catatonic schizophrenia (4mks)
- k) Explain psychosomatic disorders (2. mks)

SECTION B

- 2 a). Describe presentation of obsessive compulsive neurosis as known in the neurotic disorders (6mks)
 - b) Describe treatment for the obsessive neurosis (3mks)
 - c) Explain organic psychosis (5 mks)
 - d)) The surrounding stimuli in the community have effect on people; in context of such stimuli,. Describe 3 major causes of schizophrenia (6mks)
- 3) 2 psychiatric patients have arrived in the clinic where you work. They both experience mood swings, one being catatonic and the other mania
- a) Give 5 differences of mania and catatonia (5mks)
 - b) Describe management of manic depression (10mks)
 - c) Write short notes on the following
 - i) Echolalia- (1mk)
 - ii) Waxy flexibility (1mk)

iii) Cyclothymic(1mk)

iv) Delirium tremens(1mk)

v) Echoplaxia (1mk)

4. a) Define mental retardation (3mks)

b) establish 2 types of mental retardation (4mks)

c) Classify mental subnormality(6mks)

d) Identify 5 physical features (5mks)

5) Describe organic psychosis

b) Identify 5 causes of the disorder (5mks)

c) Signs and symptoms (5mks)

d) Describe management (5mks)