

Paper 1

**TECHNICAL UNIVERSITY OF MOMBASA**  
**FACULTY OF APPLIED AND HEALTH SCIENCES**  
**DEPARTMENT OF ENVIRONMENT & HEALTH SCIENCES**  
**UNIVERSITY EXAMINATION FOR THE DEGREE OF BACHELOR OF**  
**SCIENCE IN COMMUNITY HEALTH**  
**BSCH 013S/YEAR3/ SEMESTER2**  
**ACM 2101: FOUNDATIONS OF COMMUNITY HEALTH**  
**SEMESTER EXAMINATION**  
**SERIES: APRIL/MAY 2016**  
**TIME: 2 HOURS**

*Instructions to Candidates*

This paper consists of FIVE questions

Answer question ONE (COMPULSORY) and any other TWO questions.

*This paper consists of two printed pages*

**Question ONE**

- a) Define the following terms
  - i. Culture (1marks)
  - ii. Community Health (1 marks)
  - iii. Family ( 1 marks)
- b) State **four** purposes of Health education during community health service provision (4marks)
- c) Distinguish **two** different levels of disease prevention stating two modes of prevention in each level ( 4 marks)
- d) Outline **four** importance of understanding the health problems of your target group in the context of health care services (4 marks)
- e) Establish **five** goal of community Health ( 5 marks)
- f) Articulate **five** principles of community Health according to Almata Declaration (WHO,1978) (5 marks)

- g) Briefly explain **five** clues that that can alert the service provider that all is not well within the family during Home visit ( 5 marks)

### **Question TWO**

As a community health worker you have been approached by a school headmaster in your community to help in the school Health program.

- i. Discuss five importance of record keeping in community health care services (7 marks)
- ii. Explain how you will conduct the school Health service activity (8 marks)

### **Question THREE**

In every community there is population diversity in terms of status, race, religion and vulnerability. A community Health worker is expected to understand and identify the population who are at high risk of Health problems in their community.

- i. Explain three problems of vulnerable population (6 marks)
- ii. Identifying various vulnerable groups and describe the care given to these groups (9 marks)

### **Question FOUR**

- i. Describe seven functions of a family referring to a nuclear family (7 marks)
- ii. Explain four components which helps a community health worker to become culturally competent in when working for people from different cultures (8 marks)

### **Question FIVE**

When conducting a home visit one has to prepare in advance before the actual activity

- i. Describe the five phases involved in the process of Home visiting (5 marks)
- ii. Describe the guidelines you will follow during the assessment of the family health (10 marks)