



**THE MOMBASA POLYTECHNIC UNIVERSITY COLLEGE**  
***FACULTY OF BUSINESS AND SOCIAL STUDIES***



**DEPARTMENT OF LIBERAL STUDIES AND COMMUNITY DEVELOPMENT**

**DIPLOMA IN COMMUNITY DEVELOPMENT AND COUNSELING**

**(DCDC J010)**

**END OF SEMESTER EXAMINATION**

**APRIL/MAY 2010 SERIES**

**DCD 112: INTRODUCTION TO COMMUNITY GUIDANCE & COUNSELLING**

**TIME: 2 HOURS**

**Instructions**

1. You should have the following for this examination: Answer booklet.
2. This paper consists of **TWO** Section **A** and **B**.
3. Section **A** is **COMPULSORY** and carries **30 Marks**.
4. Answer any **TWO** Questions from Section **B** each question carries **20 Marks**.

**SECTION A**  
(COMPULSORY - 30 MARKS)

**QUESTION ONE**

- (a) (i) Explain the **FOUR (4)** key elements in counseling. **(8 Marks)**  
(ii) Explain the term counseling. **(2 Marks)**
- (b) Explain **TWO** principles of guidance and counseling. **(10 Marks)**
- (c) Guidance and counseling is very important in the community. Discuss how the two are important in:
- (i) Anger management **(6 Marks)**  
(ii) Pre-marital counseling. **(4 Marks)**

**SECTION B**

Answer any **TWO** Questions from this section. (40 Marks)

**QUESTION TWO**

Discuss **FIVE (5)** goals and objectives of community counseling with reference to school situation. **(20 Marks)**

**QUESTION THREE**

Discuss any **TEN (10)** qualities of a good community counselor. **(20 Marks)**

**QUESTION FOUR**

Explain **SEVEN (7)** advantages of individual counseling and **THREE (3)** disadvantages of group counseling. **(20 Marks)**

**QUESTION FIVE**

Discuss attending as a counseling skill/technique. **(20 marks)**