



TECHNICAL UNIVERISTRY OF MOMBASA

Faculty of Applied & Health Sciences

DEPARTMENT OF ENVIRONMENTAL & HEALTH SCIENCES

DIPLOMA IN NUTRITION HEALTH (DHN 12S)

ANH 2205: THERAPEUTIC NUTRITION

END OF SEMESTER EXAMINATION

SERIES: DECEMBER 2014

TIME: 2 HOURS

Instructions to Candidates:

You should have the following for this examination

- *Answer Booklet*

This paper consists of **FIVE** questions. Attempt question **ONE (Compulsory)** and any other **TWO** questions
Maximum marks for each part of a question are as shown

This paper consists of **TWO** printed pages

Question One (Compulsory)

- a) Explain the meaning of Diet Therapy. **(2 marks)**
- b) Explain the structure of a Nutritional Diagnostic Label **(3 marks)**
- c) Give FOUR reasons for diet modification. **(4 marks)**
- d) Explain the use of bland and high protein diets. **(4 marks)**
- e) Highlight FOUR roles of Nutritionists and dietitians **(4 marks)**
- f) Explain how physiological changes affect food behaviors **(4 marks)**
- g) State TWO hospital environmental factors which affect food choices. **(2 marks)**
- h) Highlight THREE cases where liquid diets are indicated. **(3 marks)**
- i) Outline the FOUR elements of Nutritional care process **(4 marks)**

Question Two

- a) Explain the general guidelines for a Regular diet. **(6 marks)**
- b) Discuss THREE types of liquid diets. **(9 marks)**

Question Three

Discuss FIVE kinds of Nutrients modified diets. **(15 marks)**

Question Four

Discuss Nutrition therapy in:

- a) Diabetes mellitus **(5 marks)**
- b) Acute illness **(5 marks)**
- c) Hypertension **(5 marks)**

Question Five

Discuss the reasons for providing therapeutic diets. **(15 marks)**